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1. Preparation

Prepare tooth as usual.

2. Etch and Apply Dentin Adhesive

Use Bond-1® Primer Adhesive or other adhesive system as indicated by the instructions.

3. Place *Flow-It ALC* Flowable Composite

Apply *Flow-It ALC* Flowable Composite directly with the bent needle tip provided in the kit. Be sure to cover preparation site thoroughly with material. Do not build increments of more than 2mm thickness for proper light curing.* Pull back on syringe plunger after use to prevent material seepage.

4. Light Curing

- a. *With a high speed light:* Cure initial increments for 3 seconds, and the final increment for 6 seconds.
- b. *With a standard halogen light:* Cure initial increments for 10 seconds, and the final increment for 20 seconds.

5. Finishing and Polishing

Use conventional method and materials for shaping. Use non-abrasive polishing disc with polishing paste to achieve the maximum shine.

Optional: For maximum surface sealing following polish, apply Protect-It® Composite Sealant to seal the restoration surface and reduce wear.

*Note: Due to their opacity, build up **Universal Opaque, White Opaque, Gingival Light and Gingival Dark** shades in increments of no more than 1mm thickness to ensure effective polymerization.